

The providers at Women's Health Care are concerned about the recent changes to federal immunization review processes and the rise of disinformation regarding the safety and effectiveness of vaccines for Americans and for pregnant women in particular.

We want our patients to know that we stand with the American College of Obstetricians and Gynecologists (ACOG) and with the American Medical Association (AMA) and with the Infectious Diseases Society of America in recommending four vaccines to our patients during pregnancy:

- 1) Influenza/"Flu" vaccine during any trimester of pregnancy and while breastfeeding during flu season
- 2) Covid-19 mRNA vaccine booster during any trimester of pregnancy and while breastfeeding
- 3) TDAP (Pertussis/"Whooping Cough") between 27 and 36 weeks of pregnancy'
- 4) RSV between 32 and 36 6/7 weeks of pregnancy from September through January

All 4 vaccines provide important protection to infants in the first year of life, and Flu and Covid can be serious infections for pregnant women and the unborn child.

We believe that vaccination is one of the most effective ways to protect you and your family from these respiratory infections. We also value and respect each patient's decision regarding vaccination. We are happy to discuss any questions or concerns with you at any point in your pregnancy.

[An open letter to the American public on respiratory virus vaccines](#)

Respectfully,

The Providers at Women's Health Care Associates